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EDITOR:

TAMMY WELCHERT

## Letter from the President

CHANGE BEFORE YOU HAVE TO – Jack Welch

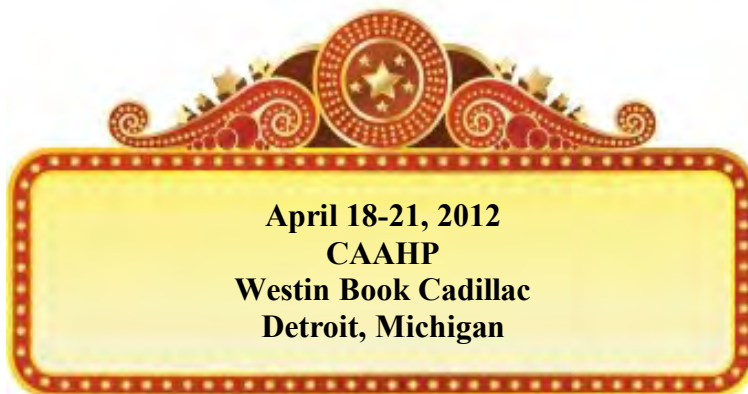
I came across that statement a few weeks ago. It caught my eye because at the very dawn of my professional career, I worked at General Electric and Jack Welch was the CEO. It also caught my eye because members of our profession – pre-health advising – are facing some pretty radical changes.

At the NAAHP meeting in Baltimore, change was in the air. Advisors were buzzing about professional standards and best practices, health care delivery models, MCAT2015, holistic candidate review, the relevance of social media, and a host of other topics. The very nature of what we do demands that we be “in the moment” and function the way things are NOW, and at the very same time, have a watchful eye for what is coming in the FUTURE and how it will impact our students.

Change is challenging, often uncomfortable, usually messy and always inevitable. The minister at my childhood church was fond of saying “When you are through changing, you are through!” Of course, he was speaking of spiritual growth, but I suspect the same principle applies to professional growth. As I contemplate the changes pre-health advisors are facing, I am so grateful for YOU – my colleagues in CAAHP. If two heads are better than one – then having close to 300 fellow-travelers on this wild, chaotic, exciting, rewarding, sometimes-wacky-but-never-boring journey gives me the courage to keep on going and embrace the changes that are roaring towards us. Our literally thousands of years of combined experience, common sense, and fierce dedication to our students guarantees our success. Don't' fear change – WE'VE GOT THIS!

BRING IT ON!!!!

Suzette Combs  
CAAHP President



# Father Joseph L. Walter Award

Chuck Hauck was awarded the Father Joseph Award at the June NAAHP national meeting in Baltimore. This award acknowledges his long term dedication and work serving pre-health students at the University of Iowa. As the senior academic advisor, Chuck leads a talented team of advisers who serve over 1000 pre-health students.

Descriptors used to describe Chuck's qualities included:

- ◆ a mentor,
- ◆ calm,
- ◆ caring
- ◆ knowledgeable
- ◆ respected by peers and students,
- ◆ accomplished writer



In Memory Of

Rev. Joseph L. Walter, C.S.C.

JANUARY 23, 1930

APRIL 18, 2012

†

This adviser is talented with data analysis skills to use this information for quality improvement in advisement work. Chuck has been a tireless promoter of CAAHP and NAAHP. This colleague has a keen sense of the governance for both organizations. Navigating the task of policy making nationally and regionally is also an important skill on behalf of both of these organizations.

Chuck has a history of large advisement assignments and always had the goal of delivering the best possible advisement to all students achieving remarkable advisement skills.

This leader has the vision to transform organizations being respectful of the people who reside within the organization through strong collaboration skills.

One fellow colleague wrote a student testimonial that this Chuck always let the focus of the work be what would best serve the student. He was an outstanding coach even when the message was a difficult one for the student.

Congratulations to an outstanding colleague!

-Judy Beniak, Director, Health Careers Center  
University of Minnesota  
NAAHP At-Large Member (2014)

# CAAHP Membership Update

## Membership Update: A Shift to a Common Renewal Deadline

One thing that bugs me is when something expires because the deadline slipped through the cracks because it occurred without me even realizing it was there. Milk in the frig is only one example, but something more traumatic happened to me this summer after I attended the National meeting in Baltimore, only to return to find out that my NAAHP membership had expired. I was crushed! There are so many valuable reasons to be part of NAAHP and CAAHP (many of which had been reinforced so well by attending the National meeting) that I could not imagine not having access to these valuable resources! I renewed immediately, but it raised the question about how will we all know to renew our NAAHP membership?

A common renewal deadline for NAAHP membership is coming this fall and all members will learn about the renewal process and via communication middle of September from the National office. Aleisha Dennis reported to me that she will be sending all current and recently expired members important information about the November 1<sup>st</sup> renewal deadline. The hope from the National office is the common renewal will make budgeting easier and payment more streamlined because all advisers from a college or university can renew at once rather than randomly throughout the year.

Am I excited? Absolutely! As your Membership Chair for CAAHP, you will hear directly from the National office in less than a month and be presented with the information to renew so there will be NO REASON to let that membership with NAAHP lapse into a state of unknown. Your access to the many wonderful resources and services provided to you by NAAHP will continue, helping you to avoid that helpless, crushed feeling I experienced not too long ago. What is expected of you? RE-NEW! And look forward to all that NAAHP and CAAHP has to offer you in the year to come!

Happy Renewals!

Erin Sayer, Membership Chair, CAAHP Member-At-Large  
University of Nebraska-Lincoln



The NAAHP Communications Committee is looking for a representative from the central region. This committee is currently working on several projects related to “The Adviser” and updates to the NAAHP webpage.

**If you are interested in being considered for this committee, please submit your name and contact information to Tammy Welchert at [welchertt@umkc.edu](mailto:welchertt@umkc.edu) no later than October 12th.**



## State Highlights

CAAHP is composed of professionals from colleges and universities in a twelve state region. Included in our region are Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, Ohio, North Dakota, South Dakota, and Wisconsin.

This newest section of the newsletter is designed to share information and allow advisers from each state or from surrounding states to see what other advisers are doing. If you have program announcements or would like to share information on programs, seminars, general advising, or professional development please send the information with your contact information to Tammy Welchert, Chair of Communications at [welchertt@umkc.edu](mailto:welchertt@umkc.edu).



University of Nebraska Lincoln – we have reorganized our Pre-Health and Pre-Law advising services and merged with our university Division of General Studies to create a new advising center/structure designed to encourage and embrace students who are “deciding” on their academic and career paths. We are now the Exploratory and Pre-

Professional Advising Center (The Explore Center). We have almost 2700 students assigned to our Center and advise approximately 1500 more who have declared majors in other colleges, but know they are planning health or legal careers. It is an exciting adventure and presents many opportunities to help our students in new ways!  
Erin Sayer, Ph.D.

Coordinator of Pre-Professional Advising  
Exploratory and Pre-Professional Advising Center

University of Nebraska-Lincoln  
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Lincoln, NE 68588-0471  
Ph. 402.472.3605



.....send us your tired,  
.....your poor.....  
**Send us your updates!**  
**Let us know what's going on**  
**in your state.**



MIAHP (the Michigan Advisors for the Health Professions group) met on several occasions in the last few months. Most noteworthy, was a roundtable in May with all medical schools from the state of Michigan, held at Michigan State University. Michigan advisors also met on the MSU Grand Rapids and E. Lansing campuses to participate in a trial run of MMIs, which MSU College of Human Medicine will roll out with the 2012-2013 application cycle.

In September, MIAHP members will reconvene again on the University of Michigan Ann Arbor campus for the now annual conference. Sessions will include presentations from representatives from the UM Medical School, Program in Biomedical Science, Medical Scientist Training Program, Genetic Counseling Program, Physiology M.S. Program, School of Dentistry, School of Public Health, School of Nursing, and College of Pharmacy.

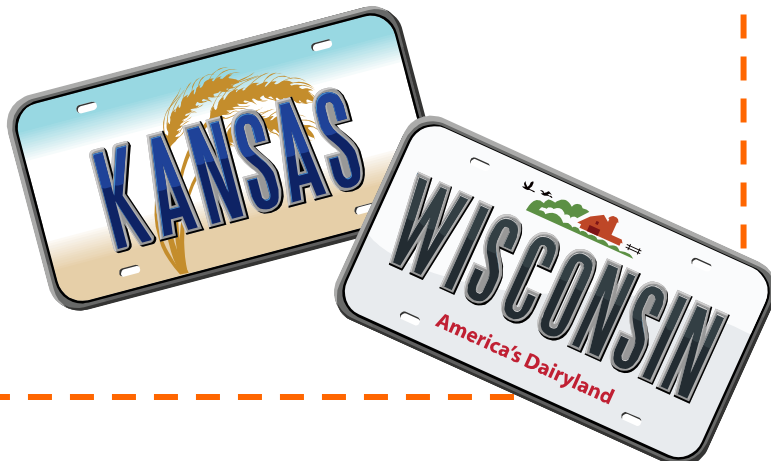
Mariella Mecozzi  
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The Ohio pre-health advisors are meeting the second Friday of December each year. (This year will be the third one, with a 4<sup>th</sup> one the previous summer.) We visit professional programs at the host institution and also chat about issues of relevance to us (e.g., standardized LORs, new MCAT, etc.).

This year, December 14<sup>th</sup>, we are meeting with representatives from the Ohio medical schools (and schools from nearby states where our students might apply) to hear their perspectives regarding changes in the MCAT and admissions requirements, i.e., what are the attributes for which they are looking in applicants.

Dr. Paul Madtes Jr.  
Professor and Chair of Biology  
Mount Vernon Nazarene University  
800 Martinsburg Road  
Mount Vernon, OH 43050  
[pmadtes@mvnu.edu](mailto:pmadtes@mvnu.edu)  
(740) 392-6868 X 3202  
Soli Deo Gloria





### University of Minnesota – Health Careers Center (HCC)

The Health Careers Center is a one stop student service center designed to serve pre-health students at the University of Minnesota to find career resources, classes and informational sessions customized for health. We are pleased to announce some new resources available to students and adviser colleagues in providing innovative services for students.

Introducing a new online career exploration tool – **“Pathways to Public Health”**. This tool will help students explore the education pathways to a career in public health, including undergraduate minors and majors as well as advanced degree options. The tool, like the Planning for Medical School online exploration tool, guides students through a variety of planning activities. Once they are done they will have a complete action plan that they can bring with them when they meet with advisors.

**The Global Ambassadors for Patient Safety** online tool is going global! The HCC along with the Learning Abroad Center at the University of Minnesota collaborated on two projects this last year: 1) Developing the new standards for Pre-Health for the Forum on Education Abroad <http://www.forumea.org/> and 2) the online training tool Global Ambassadors for Patient Safety. The tool is for students to gain awareness about the things they should and should not do when travelling abroad – particularly related to providing patient care. The overall motto is “if you can’t do it here, you shouldn’t do it there”. The feedback from students has been overwhelmingly positive as they explain that either “I never thought about it from this perspective, that I might actually cause harm”, or “thanks for giving me a tool that I can use to explain that I’m not trained to provide care – the last time I went, I didn’t know how to say no when I was asked”.

<http://www.healthcareers.umn.edu/shortcourses/gaps/home.html>

### The Global Future Physician

After a successful trip to India last year with 25 pre-med students from the University of Minnesota, the HCC will once again lead a trip with 25 pre-med students to Mysore, India in January 2013. This year the trip will be led by Laura Wellington, MD and Keri Bergeson, MD. Last year the trip was led by Shailey Prasad, MD and Tricia Todd, MPH. Tricia will be presenting the India model at the American Public Health Association meeting in October 2012. The presentation highlights the value of the trip in helping students understand medicine in the context of public health and economic development.

Please contact the Health Careers Center at 612-624-6767 or visit our website at

[www.healthcareers.umn.edu](http://www.healthcareers.umn.edu) for additional information.



**AACOM Campus Visit to UMTC (American Association of Colleges of Osteopathic Medicine)**

Thursday, October 18

4:30 – 7:00pm

2-620 Moos Tower

Facebook Event page – <http://www.facebook.com/events/270990936335130/>  
(Registration is optional)

*Sponsored by AACOM and the Health Careers Center at the University of Minnesota*  
The American Association of Colleges of Osteopathic Medicine (AACOM) coming to campus and is bringing 10 national DO Medical Schools with them! Staff from AACOM will host an information session and give students the opportunity to learn more about Osteopathic Medicine.

- Meet with (DO) Medical School Admissions Officers
- Learn about osteopathic medicine and medical schools
- Discover the best ways to prepare for medical schools

There will be a general information session, followed by a resource fair with different DO schools from around the country. This is one of the only opportunities that Minnesota/ Wisconsin (U of M and beyond!) students will have to connect with this many different colleges of osteopathic medicine! Don't miss it!

The following Osteopathic Medical Schools will be participating:

- American Association of Colleges of Osteopathic Medicine (AACOM)*
- AT Still University College of Osteopathic Medicine – Kirksville (ATSU-KCOM)*
- AT Still University School of Osteopathic Medicine in Arizona (ATSU-SOMA)*
- Arizona College of Osteopathic Medicine of Midwestern University (AZCOM)*
- Chicago College of Osteopathic Medicine of Midwestern University (CCOM)*
- Des Moines University College of Osteopathic Medicine (DMU-COM)*
- Edward Via College of Osteopathic Medicine – Virginia & Carolinas (VCOM)*
- Kansas City University of Medicine & Biosciences College of Osteopathic Medicine (KCUMB)*
- Lake Erie College of Osteopathic Medicine, Erie, PA & Bradenton, FL (LECOM)*
- Lincoln Memorial University DeBusk College of Osteopathic Medicine (LMU-DCOM)*
- Marian University College of Osteopathic Medicine (MU-COM)*



Central Association of Advisors

**MENTOR 2B**

for the Health Professions

# CAAHP Treasurer's Report

## Treasurer's Report Laurence A. Savett, MD

• Total assets 6-30-11 (A)	<b>\$47,645.33</b>
• Total disbursements 7-1-11—6-30-12 (B)	17,289.62
• Total assets 6-29-12 (C)	<b>32,459.99</b>

The excess of (C) over (A minus B) represents income from the assets investments.

### Summary of disbursements

• "Office expenses"	
• Check order fee	\$ 7.50
• Merrill Lynch Account fee	300.00
• Internet domain renewal 3 year	34.93
• Accountant fee, compilation of financial statement	745.00
• Website registration	109.45
• Attorney fee—annual corporate report	<u>60.00</u>
<b>Total office expenses</b>	<b>1256.88</b>
• CAAHP regional meeting, Cleveland 2011, including Board breakfast and lunch, CAAHP business meeting breakfast, awards, gifts, postage, copies	5242.84
• Travel expenses, NAAHP Advisory Council meeting 1/12	459.20
• Travel expenses, to explore Detroit site for 2013 CAAHP regional meeting	347.55
• CAAHP regional Board meeting, Detroit, March 2012, including expenses for 11 members' travel, lodging, meals, audio-visual	7819.49
• Travel expenses to examine and organize CAAHP historical documents	509.66
• CAAHP Board meeting: hotel rooms for one night for eight board members during Baltimore national meetings	<u>1654.00</u>
<b>Grand total disbursements</b>	<b>\$17289.62</b>



From dues in the current fiscal year, we anticipate income of about \$7000. Though not covered in the disbursements for the fiscal year ending June 30, 2012, travel grants totaling \$7110 to attend the NAAHP national meeting in Baltimore were made to 11 members. Thanking CAAHP, one recipient wrote: "As a first time attendee, I am in awe of the amount of information I gleaned from attendance...[and] from talking to various people at meals. I have so many things I want to implement at our school, and, thanks to this meeting, I know how to do it."



# CAAHP-New Board Members

CAAHP would like to extend our congratulations and welcome our newly elected or appointed board members!



Rev. James Foster, Secretary

Father Jim is the Director and Assistant Dean for the Center for Health Sciences Advising at the University of Notre Dame. He was appointed to assume the duties of secretary.



Dr. Erin Sayer-(2015) Member At-Large

Erin is the Coordinator of Pre-Professional Advising at the University of Nebraska-Lincoln. She will serve in the position of Member At-Large through 2015.



Bernadette Grace So-Goodlin-(2015) Member At-Large

Bernadette is the Senior Assistant Director for Health Professions and Graduates in the Career Center at the University of Illinois Champaign Urbana. She will serve in the position of Member At-Large through 2015.



Dr. Laurence Savett, M.D.-Treasurer

Larry practiced primary care, community-based internal medicine for 30 years, and has taught and advised pre-health professions students at Macalester College, University of St. Thomas and Inver Hills Community College. He was appointed treasurer.

# Board of Directors 2012-2013

President &

NAAHP Representative      Suzette Combs, University of Cincinnati, [suzette.combs@uc.edu](mailto:suzette.combs@uc.edu)

Vice President

Heidi Lang, Saginaw Valley State University, [hblang@svsu.edu](mailto:hblang@svsu.edu)

Past President

Kerry Cheesman, Capital University, [kcheesma@capital.edu](mailto:kcheesma@capital.edu)

Secretary

Jim Foster, Notre Dame University, [foster.34@nd.edu](mailto:foster.34@nd.edu)

Treasurer

Laurence Savett, Inver Hills Community College, [savet001@umn.edu](mailto:savet001@umn.edu)

At-Large Representatives

Marikay Dobbins, Albion College, [mkdobbins@albion.edu](mailto:mkdobbins@albion.edu)

Consuelo Lopez Springfield, U of Wisconsin, [cspringf@wisc.edu](mailto:cspringf@wisc.edu)

Judy Beniak, University of Minnesota, [benia001@umn.edu](mailto:benia001@umn.edu)

Francisco Castelan, Northwestern Univ, [afcastelan@northwestern.edu](mailto:afcastelan@northwestern.edu)

Erin Sayer, University of Nebraska-Lincoln, [esayer2@unl.edu](mailto:esayer2@unl.edu)

Bendadette So, Univ of Illinois Champaign Urbana, [bernaso@illinois.edu](mailto:bernaso@illinois.edu)

## Save the Date-2013 CAAHP Meeting

**April 18-21, 2013**

**Making Differences: Health Professions Advising I  
in a Diverse, Changing World**

**Westin Book Cadillac, Detroit, Michigan**

Room rate: \$137/night    Valet: \$10/night

Keynote: Roderick Claybrooks, M.D.

--for more info, visit:

[www.blackstudentsguide.com/about.html](http://www.blackstudentsguide.com/about.html)

**Heidi Lang, Program Chair**  
**[hblang@svsu.edu](mailto:hblang@svsu.edu)**

**\*Please note Heidi Lang's new  
contact information.  
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